

## Notation table

| Set               | Species                       | <del>Prope</del> Subset (property) |
|-------------------|-------------------------------|------------------------------------|
| E                 | w, PG, Na, Ca, Cl             | EF compartment                     |
| E <sub>ions</sub> | Na, Ca, Cl                    | EF ions                            |
| E <sub>mo</sub>   | E - {PG}                      | EF <u>mobile</u> species           |
| I <sub>in</sub>   | w, Na, Ca                     | <u>I</u> ndependent IF species     |
| I <sub>ne</sub>   | {w} $\cup$ I <sub>salts</sub> | <u>N</u> eutral IF species         |

E: extrafi~~B~~brillar  
phase

I: intrafibrillar  
phase

~~EF~~ EF: extrafibrillar  
phase

IF: intrafibril-  
lar phase

The effective stress is

$$\underline{\underline{\sigma}}' = \underline{\underline{\sigma}} + P_{eff} \underline{\underline{I}} = \underline{\underline{E}} : \underline{\underline{\varepsilon}} \quad \leftarrow \text{constitutive equation of the medium}$$

where

$\underline{\underline{\sigma}}$ : the mechanical stress tensor, ~~ref~~ referring to the solid skeleton of the porous medium

$P_{eff}$ : is the effective pressure that brings in the problem (accounts for) the chemical and electrical effects

$\underline{\underline{I}}$ : 2<sup>nd</sup> order unit tensor

$\underline{\underline{E}}$ : 4<sup>th</sup> order stiffness tensor ~~at the~~  
 $\underline{\underline{\epsilon}}$ : of the solid skeleton, at the hypertonic  
state

$\underline{\underline{\epsilon}}$ : strain tensor

Osmotic pressure is

$$\pi_{\text{osm}} = p_w E - \tilde{p}_w E$$

where

$p_w E$ : the pressure of fluid in the EF  
~~ext~~ phase

$\tilde{p}_w E$ : the pressure in the fictitious  
bath

The effective pressure is

$$p_{\text{eff}} = p_I - X$$

where

$p_I$ : is the incompressibility pressure

$X$ : is a chemistry and strain dependent scalar

If  $X = 0$  then  $p_{\text{eff}} = p_I$  and we ~~relate~~ <sup>regress</sup>  
the mechanical effect, and write  
the effective stress as

$$\underline{\underline{\sigma}}' = \underline{\underline{\sigma}} + p_I \underline{\underline{I}}$$

which is the well known incompressibility relation for the purely mechanical stress.

When we have chemical effect, entering the problem,  $X$  is non-zero and equal to

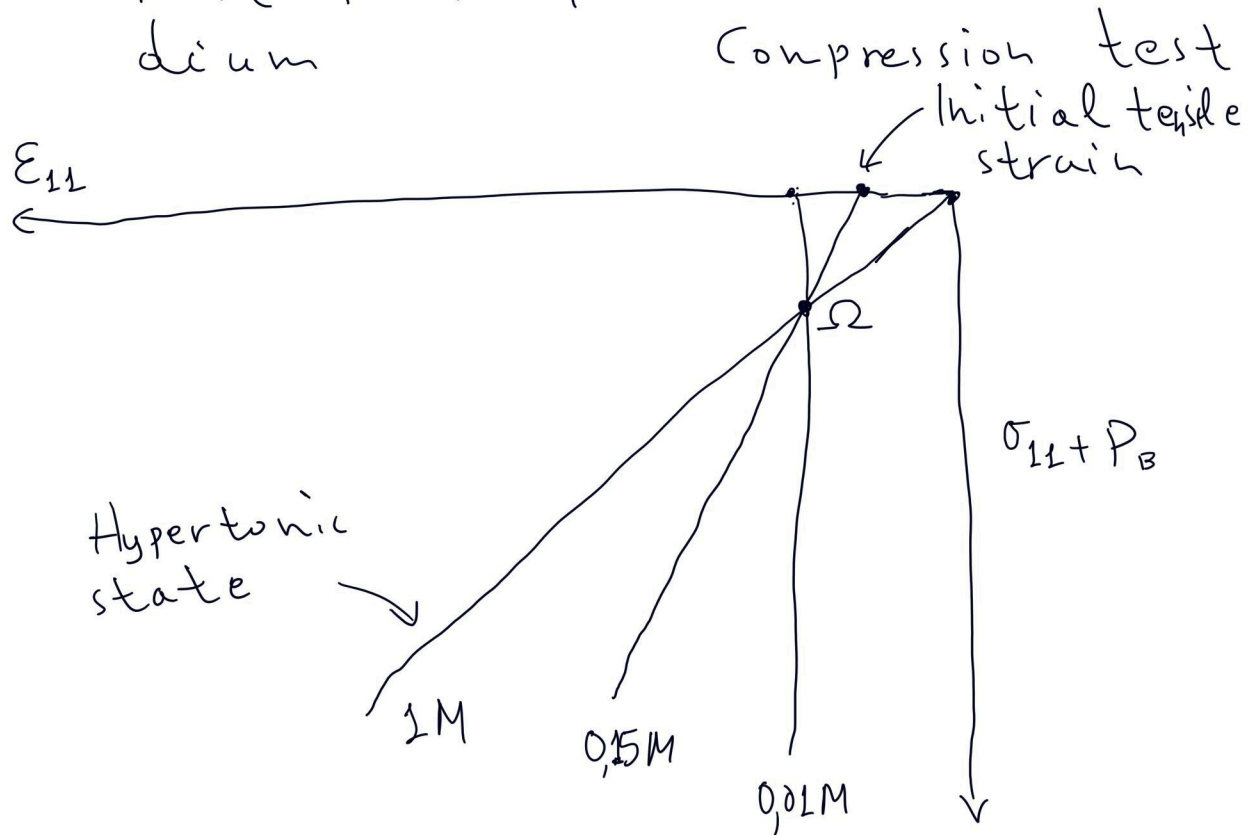
$$X = \lambda (\text{tr } \underline{\underline{\epsilon}} - \text{tr } \underline{\underline{\epsilon}}^2) + \pi_{\text{osm}} - p_w$$

where

$\Lambda$ : slope factor

$\tilde{\epsilon}^{\Omega}$ : strain tensor at the meeting point of the stress-strain curves, at different concentrations of ions

$P_{fw}$ : pressure regulating the chemical equilibrium of the different fluid phases in the medium



## The fluxes equations

They include:

- Darcy's law for seepage of water
- Fick's law for the diffusion of ions
- Ohm's law for the flow of electrical charges

They can be written in matrix form as:

$$\vec{j} = \begin{bmatrix} \vec{j}_{wE} \\ \vec{j}_{NaE} \\ \vec{j}_{CaE} \\ \vec{j}_{ClE} \end{bmatrix}$$

$\vec{j}$ : vector of fluxes

$$\vec{f} = \begin{bmatrix} \rho_w \vec{\nabla} \mu_{wE} \\ \rho_{Na} \vec{\nabla} \mu_{NaE}^{ec} \\ \rho_{Ca} \vec{\nabla} \mu_{CaE}^{ec} \\ \rho_{Cl} \vec{\nabla} \mu_{ClE}^{ec} \end{bmatrix}$$

$\vec{f}$ : vector of gradients of the electrochemical potentials, weighted by the mass densities of the elements

We have an isotropic diffusion matrix  $\kappa$ , which relates  $\vec{j}$  and  $\vec{f}$  via the relation

$$\vec{j} = [\kappa] \vec{f}$$

The vector of unknowns,  ~~$f$~~  to be found via the FE (finite element method) ~~method~~, is

$$\vec{X} = \begin{bmatrix} \vec{u} \\ \mu_{wE}^{ec} \\ \mu_{NaE}^{ec} \\ \mu_{CaE}^{ec} \\ \mu_{ClE}^{ec} \\ m_{wI} \\ m_{NaI} \\ m_{CaI} \end{bmatrix} \leftarrow \text{displacement vector}$$

extrafibrillar electrochemical potentials (all scalars)

masses of intrafibrillar components (all scalars)



In 3d space, we overall have  
 $3$  (components of  $\vec{u}$ ) +  $7$  scalars =  $10$   
 unknowns (scalar unknowns), at each  
 node of the FE mesh.

The semi-discrete, non-linear,  
 first order equation to be solved,  
 are written as

$$\mathbb{R} = \mathbb{F}^{\text{surf}}(\mathbb{X}) - \mathbb{F}^{\text{int}}\left(\mathbb{X}, \frac{d\mathbb{X}}{dt}\right) = 0$$

where

$\mathbb{R}$ : is the residual to be minimised

$\mathbb{F}^{\text{surf}}$ : is the vector of surface  
 forces, acting on the bounda-  
 ry of the medium, from the  
 exterior.

$\mathbb{F}^{\text{int}}$ : is the vector of internal  
 forces developing in the  
 interior of the medium.

Experimental setup of the evaluation of  
 the accuracy of the FE solutions

