

# HEALTHY CITIES



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## Definition

A healthy city is one that is continually creating and improving those physical and social environments and strengthening those community resources which enable people to mutually support each other in performing all the functions of life and achieving their maximum potential (World Health Organization, 1998, Health Promotion Glossary).

## References

# Stephens, C. (2017). Global Issues: Urban Health in Developing Countries, Edited by Stella R. Quah, International Encyclopedia of Public Health (Second Edition), Academic Press, pp. 282-291.